



At HCC, every decision involves

- ◆ Latest medical knowledge
- ◆ Careful evaluation and meticulous planning
- ◆ A multidisciplinary panel of experienced specialists
- ◆ Personalised care tailored to every patient



Is early detection vital for of cure?

Yes, it is extremely important. Conduct **self-examinations** regularly and see your doctor immediately if you notice any symptoms. Follow the **screening guidelines** given inside.



Schedule your screening today and consult our specialists.

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You can always turn things around



1 in every 8 women

is at risk of breast cancer in their life

90%

survival rate

Breast Cancer Care

Detect Early, Live Fully.

Breast Cancer today

Breast cancer today is very different from what it was years ago. It has advanced, and care is now promising.

With early diagnosis and modern treatment:



- ◆ Cure rates are high
- ◆ Treatments are safer and more effective
- ◆ Many women return to normal life after treatment

FAQs

1 Did I do something wrong?

Well, breast cancer is not caused by lifestyle factors alone.

Risk-factors include:

- Increasing age
- Family history
- Genetic mutations
- Obesity/sedentary lifestyle
- Hormonal factors

2 Is treatment painful? Is cure possible?

Most treatments are well-tolerated today. Side effects are managed carefully.

Yes, cure is definitely possible - especially when detected early.

How is breast cancer treated?

Treatment usually happens step by step.

First, tests confirm the diagnosis and help understand the cancer better. Then, treatment, depending on your stage and type of cancer, may include:

- Surgery
- Medicines
- Sometimes radiation.

The aim is always the same —to remove the cancer and prevent it from returning.

Screening guidelines:

20–40 years

- Breast self-awareness (BSE) every month
- Clinical breast exam (CBE) every 1–3 years

≥40 years

- Mammography/Ultrasound breast every 1–2 years
- Monthly BSE & yearly CBE



What about the breast?

Many women do not need removal of the entire breast.

But, if mastectomy is necessary, breast reconstruction can be done during or after cancer surgery. It is safe and helps restore confidence and body image.